

DEVOTIONS:

Interdenominational
Monday to Friday
9:15am in the Main Lounge

ROMAN CATHOLIC COMMUNION

TUESDAYS
2:30pm in the Library

ANGLICAN COMMUNION

St. Luke's
The 4th Friday of each month
10:30am in the LIBRARY.

CHURCH SERVICE

Lutheran Church of the Cross
10:00am SUNDAY in the Library
Via video feed. Communion is celebrated
and available each Sunday.

EVENING MEAL SERVICE

SEVEN DAYS A WEEK
At 5:00pm in the Garden Café
Doors open at 4:35pm
Meals are prepaid & pre-ordered
Cost: \$13.50

FOOT CARE

Foot care nurses are available with an
applicable cost.

GAZEBO GIFTS & SWEETS:

Crafts, Novelties, Candy, Toiletries
MONDAY TO FRIDAY
10:30am to 1:30pm
*Days Open Subject to volunteer availability

HOME SUPPORT:

Housekeeping, personal care or companion
services are available at reasonable rates.

THE GARDEN CAFÉ:

Open daily from 10:00am to 2:30pm
Soups, Salads, Sandwiches, Lunch
Specials, Pastries & Beverages

WELLNESS CLINIC:

Monday to Friday: 11:00am to 12:00pm

VOLUNTEER OPPORTUNITIES:

Garden Café:

We are seeking volunteers to work in the
Garden Café either one day a week or casual.

The volunteer serves soup, Sandwiches, pas-
tries & beverages from 11:00am to 1:30pm.
Training will be provided. Cash register expe-
rience would be an asset.

GIFT SHOP:

We are seeking volunteers to work in the Gift
shop either one day a week or casual.
The volunteer will work from 10:30 to 1:30pm.
Training will be provided. Cash register
experience would be an asset.

INCOME TAX ASSISTANCE:

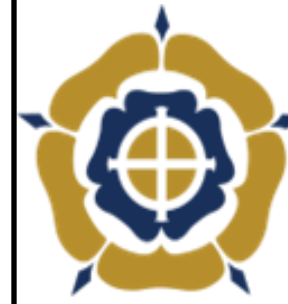
A volunteer is available during **March or April**,
sign up sheets will be posted.

TIMES COLONIST:

Delivery by Roland.

CONTACTS:

Carolyn Hoekstra
Manager of Community & Support Services
250 477-7241 ext. 28
Ed Chell
Chaplain & Volunteer Coordinator.
250 477 - 7241 ext. 23



Luther Court

SOCIETY

MARCH 2019

NEWS LETTER AND EVENTS CALENDAR

HAPPY BIRTHDAY

- March 1st Mrs. Donna .P
- March 5th Mrs. Helen .C
- March 8th Mrs. Helen .M
- March 8th Mr. Eugene .P
- March 9th Mr. John .B
- March 11th Mr. Jim .K
- March 11th Mrs. Clara .H
- March 12th Mrs. Anna .O
- March 15th Mrs. Deanna .S
- March 18th Mr. Rene .R
- March 20th Mr. Robin .D
- March 23rd Mrs. Betty .B
- March 26th Mrs. Donna .N
- March 31st Mr. George .G

We Are Still in the Flu Season

Please take extra precautions during this time
of year. If you are feeling under the weather
please let one of our Nurses know as soon as
possible. The Influenza vaccination is available
from Lisa at the Assisted Living Office.

For our visitors we kindly ask that you receive
the Influenza Vaccination or wear a health care
mask while you are visiting.



FEBRUARY'S MOVIE NIGHT With Carl



Friday March the 1st at 5:45pm

"Front Page"

Starring: Jack Lemmon
& Walter Matthau

Friday the 15th at 5:45pm

"One, Two, Three"

Starring: James Cagney

Friday March the 29th

"Sabrina"

Starring: Audrey Hepburn

MARCH SPECIAL GUEST SPEAKERS

March the 13th at 2:00pm
In the Main Lounge
"Indigenous Issues"

March the 20th at 1:30pm
In the Main Lounge
"The History of the Titanic"

March the 27th at 1:30pm
In the Main Lounge
"Memory & Cognition"



Tea Time Social's
We have now moved Tea Time
to every Wednesday at 2:15pm of the Month





MARCH 2019 EVENTS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>PLEASE NOTE: All Activities and Scheduled Entertainment are tentative and subject to change. Thank you.</p>					<p>1. 9:15am Devotions 10:15am Drumming Circle 11:00am Exercises 11:30am Mental Aerobics 3:00pm Bocce Ball 5:45pm Movie Night with Carl "FRONT PAGE" Starring: Jack Lemmon & Walter Matthau</p>	<p>2. 1:00pm Shopping trip to Uptown Mall 1:00pm Scrabble</p>
<p>3. 10:00am Church of the Cross</p>	<p>4. 9:15am Devotions 10:00am Dining Ambassadors Meeting 11:00am Yoga with Darlene 11:30am Mental Aerobics 1:45pm Entertainment in the Lounge "Name That Song" 3:00pm Ladder Ball</p>	<p>5. 9:15pm Devotions 10:00am Exercises 10:45am Bowling 2:30pm Memorial in the Lounge for Mr. Tom Buchannan 2:30pm R.C. Mass 3:15pm Choir 5:45pm Evening Program</p>	<p>6. 9:15pm Devotions 10:00am Exercises 10:45am BINGO 1:30pm Music with Joan & Judy "It's a Wonderful World" 2:15pm Tea Time 3:00pm Travelogue Documentary BBC PLANET EARTH 2 SERIES "One Ocean"</p>	<p>7. 9:15am Devotions 10:00am Exercises 10:45am Music with "Eugene" 1:30pm P.A.T.S 3:00pm Nail Care 3:00pm Men's Group 5:45pm Reading Group with Kim in The ADP room "the Adventure's of Sherlock Holmes" 6:30pm Bridge Club</p>	<p>8. 9:15am Devotions 11:00am Exercises 11:30am Mental Aerobics 1:45pm Concert in Care "Soile Stratkauska, flute Elyssa Lefurgey-Smith, Violin 3:15pm Bocce Ball</p>	<p>9. 1:00pm Shopping trip to Tillicum Mall 1:00pm Scrabble</p>
<p>10. 10:00am Church of the Cross</p>	<p>11. 9:15am Devotions 11:00am Yoga with Darlene 11:30am Mental Aerobics 2:00pm Memorial in the Lounge For Mr. Des Corry 3:00pm Horse Shoes 6:30pm Family Support Meeting "Ethical Dilemmas" Hosted By Chaplain Ed</p>	<p>12. 9:15pm Devotions 10:00am Exercises 10:45am Bowling 1:30pm The Heritage Productions "Fashion Show" 2:30pm R.C Communion 3:00pm Choir 5:45pm Evening Program</p>	<p>13. 9:15pm Devotions 10:00am Exercises 10:45am BINGO 2:15pm Tea Time 1:30pm The Speakers Lounge "Indigenous Issues" 3:00pm Travelogue Documentary BBC PLANET EARTH 2 SERIES "The Deep"</p>	<p>14. 9:15am Devotions 10:00am Exercises 10:45am Music with "Maureen" 3:00pm Nail Care 3:00pm Men's Group 5:45pm Reading Group with Kim in The ADP room "the Adventure's of Sherlock Holmes" 6:30pm Bridge Club</p>	<p>15. 9:15am Devotions 10:15am Drumming Circle 11:00am Exercises 11:30am Mental Aerobics 1:45pm The O'Brien Irish Dancers 3:15pm Bocce 5:45pm Movie Night with Carl "ONE, TWO, THREE" Starring: James Cagney</p>	<p>16. 1:00pm Shopping trip to Hillside Mall 1:00pm Scrabble</p>
<p>17. 10:00am Church of the Cross</p> <p style="text-align: center; color: green; font-weight: bold; font-size: 1.2em;">HAPPY ST. PATRICK'S DAY</p>	<p>18. 9:15am Devotions 11:00am Yoga with Darlene 11:30am Mental Aerobics 1:45pm Music with 2 Among Friends 3:00pm Ladder Ball</p>	<p>19. 9:15pm Devotions 10:00am Exercises 10:45am Bowling 1:30pm Flower Arranging 2:30pm R.C Communion 3:00pm Choir 5:45pm Tenant Birthday Party Music by: "Mark Davies"</p>	<p>20. 9:15pm Devotions 10:00am Exercises 10:45am BINGO 1:30pm The Speakers Lounge "The History of The Titanic" 2:15pm Tea Time 3:00pm Travelogue Documentary BBC PLANET EARTH 2 SERIES "Coral Reefs"</p>	<p>21. 9:15am Devotions 10:00am Exercises 10:45am Music with "Karen" 3:00pm Nail Care 3:00pm Men's Group 5:45pm Reading Group with Kim in The ADP room "the Adventure's of Sherlock Holmes" 6:30pm Bridge Club</p>	<p>22. 9:15am Devotions 10:30am Anglican Communion 11:00am Exercises 11:30am Mental Aerobics 3:00pm Bocce Ball</p>	<p>23. 1:00pm Shopping trip to Uptown Mall 1:00pm Scrabble</p>
<p>24. 10:00am Church of the Cross</p>	<p>25. 9:15am Devotions 11:00am Yoga with Darlene 11:30am Mental Aerobics 3:00pm Horse shoes</p>	<p>26. 9:15pm Devotions 10:00am Exercises 10:45am Bowling 1:30pm Uvic Theater Students 2:30pm R.C Communion 3:00pm Choir 4:45pm Diner's Club Dinner</p>	<p>27. 9:15pm Devotions 10:00am Exercises 10:45am BINGOS 1:30pm The Speakers Lounge "Memory and Cognition" 2:15pm Tea Time 3:00pm Travelogue Documentary BBC PLANET EARTH SERIES "Big Blue"</p>	<p>28. 9:15am Devotions 10:00am Exercises 10:30am Music with "Steve Bolger" 3:00pm Nail Care 3:00pm Men's Group 5:45pm Reading Group with Kim in The ADP room "the Adventure's of Sherlock Holmes" 6:30pm Bridge Club</p>	<p>29. 9:15am Devotions 11:00am Exercises 11:30am Mental Aerobics 3:00pm Bocce Ball 5:45pm Movie Night with Carl "SABRINA" Starring: Audrey Hepburn</p>	<p>30. 1:00pm Shopping trip to Tillicum Mall 1:00pm Scrabble</p>
<p>31. 10:00am Church of the Cross</p>						