



Luther Court

SOCIETY

ACTIVITIES NEWSLETTER - APRIL 2026





We Belong

Like flowers blooming in the garden, Easter is a story of new life that infuses hope into our experiences of birth, life, and death that we encounter each day.

Jesus is the embodiment of God's loving heart. People who often went unnoticed were listened to and heard by Jesus and they were embraced and forgiven. Others were healed of paralyzing illness. Mary had become a part of the group that had experienced community and a sense of meaning through Jesus' presence.

The Easter account in the Gospel of John tells us Mary returned to the place where Jesus' dead body was laid to rest. She "stood weeping outside the tomb." (John 20:11). At this tearful moment in the story she is in the middle of the chaos that accompanies loss and separation.

Jesus asked, "Woman, why are you weeping? Whom are you looking for?" (John 20:15) Good questions. What might be behind Mary's tears? Maybe there is sorrow for the loss of this person who has become friend to so many. Perhaps there are feelings of confusion and abandonment. Anger might arise over the senseless absence of the body in the tomb. We often cry when we do not have words to express what is going on inside us. In this place of being overwhelmed, disconnected and disoriented Mary does not recognize that it is Jesus, the divine, talking to her.

Jesus greets her by name, "Mary!" She responds with the familiar, "Rabbouni! (which means Teacher in Aramaic)" (John 20:16). She is called into the present. The whole world came back into focus. She comes to life like a tulip flowering in the spring. She is reunited with Jesus. The absence of the body in the tomb makes sense now. Mary rejoined the disciples with the great news, "I have seen the Lord."

In a few verses we get a glimpse of how God cuts through loneliness and disorientation with something as simple as greeting Mary by her name. In this one breath, Mary moves from being upset and alone to being grounded and connected. She returns to her place as a student or follower of Jesus. She returns to the other disciples with vigor. She is no longer alone. She belongs.

Here at Luther Court as we stroll through the garden the flowers greet us and we are welcomed. We belong. We have a place in creation. When we greet each other we are acknowledged. Sometimes we are reaching out, sometimes we are the listeners. Either way, we take part in the daily Easter story of our lives. We belong.

Easter Blessings,
Spiritual Caregiver, Ed Chell



April Birthday

- 02 - Margaret N.
- 03 - Doreen T.
- 05 - Elizabeth J. (Margaret)
- 06 - Don M.
- 09 - Joe G.
- 11 - Daniel R.
- 14 - Yvonne H.
- 16 - John S.
- 18 - Gheorghe S.
- 21 - Katharine V.



Happy Birthday from all of us at Luther Court!



STAFF EVENT:

Jazz Coffee Cafe

Tuesday, 2:00pm - 4pm
April 28th - Main Lounge

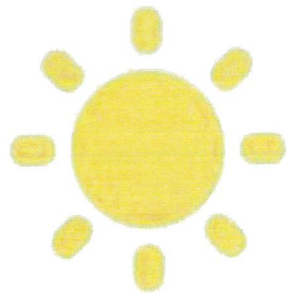


MAIN FLOOR ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>Coffee with Kevin : Join Kevin on Tuesday April 14th to swap stories and ask questions. Catch up with Kevin in the main floor café between 10:10am - 10:30am. Everyone is welcome!  Coffee and treats will be available.</p>			<p>1 9:30 - Devotions 10:15 - Exercises 10:45 - Java Music 11:00 - April Fools Bingo 3:00 - Poker</p>
<p>5 Happy Easter 10:00 - Sunday Service Live Lutheran Church TV Broadcast with Communion</p>	<p>No Activities 10:30 - Piano w/ Saul</p> 	<p>7 9:30 - Devotions 10:15 - Hula w/ Tina 11:00 - Curling 1:00 - Bingo 2:30 - Choir Practice</p>	<p>8 9:30 - Devotions 10:15 - Exercises 10:45 - Java Music 11:00 - Ball Darts 1:45 - Music w/ Alyssa 3:00 - Poker</p>
<p>12 10:00 - Sunday Service Live Lutheran Church TV Broadcast with Communion</p>	<p>13 9:30 - Devotions 10:15 - Exercises 11:00 - Ladder Ball 1:45 - Victoria Brass Band 3:00 - Living With Loss</p>	<p>14 9:30 - Devotions 10:10 - Coffee w/ Kevin 10:15 - Hula w/ Tina 11:00 - Bean Bag Toss 1:00 - Curling 2:30 - Choir Practice</p>	<p>15 9:30 - Devotions 10:15 - Exercises 11:00 - Dice Game 10:45 - Java Music 1:45 - Curling 3:00 - Poker</p>
<p>19 10:00 - Sunday Service Live Lutheran Church TV Broadcast with Communion</p>	<p>20 9:30 - Devotions 10:15 - Exercises 11:00 - Washer Toss 1:45 - Curling 3:00 - Chess, Cribbage 21 & Black Jack</p>	<p>21 9:30 - Devotions 10:15 - Hula w/ Tina 11:00 - Ball Darts 1:00 - Bingo 2:30 - Choir Practice</p>	<p>22 9:30 - Devotion 10:15 - Exercises 10:45 - Java Music 11:00 - Ladder Ball 1:45 - Music w/ Steve B 3:00 - Poker</p>
<p>26 10:00 - Sunday Service Live Lutheran Church TV Broadcast with Communion</p>	<p>27 9:30 - Devotions 10:15 - Exercises 11:00 - Bean Bag Toss 1:45 - Piano w/ Jesse B</p>	<p>28 9:30 - Devotions 10:15 - Hula w/ Tina 11:00 - Dice Game 2:00 - Jazz Coffee Café All Staff Welcome 6:00 - Naloxone Training</p>	<p>29 9:30 - Devotion 10:00 - Staff Forum 10:45 - Java Music 11:00 - Axe Toss 1:45 - Bingo 3:00 - Poker</p>

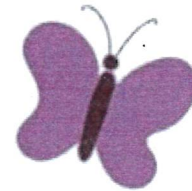
APRIL 2026

THURSDAY	FRIDAY	SATURDAY
<p>2 9:30 - Maundy Thursday Communion 10:15 - Yoga with Moira 11:00 - Bingo 1:30 - Piano w/ Jesse B. 3:00 - Craft & Connect, Knitting Club</p>	<p>3 Good Friday 10:00 - Good Friday Service</p> 	<p>4</p>
<p>9 9:30 - Devotion 10:15 - Yoga with Moira 11:00 - Trivia 3:00 - Oasis Society Crafts 3:00 - Knitting Club</p>	<p>10 9:30 - Devotions 10:15 - Exercises 11:00 - Dice Game 1:45 - Pool Noodle Hockey</p>	<p>11</p>
<p>16 9:30 - Communion 10:15 - Yoga with Moira 11:00 - Bean Bag Toss 3:00 - Craft & Connect, Knitting Club</p>	<p>17 9:30 - Devotions 10:15 - Exercises 11:00 - Axe Toss 1:45 - Music w/ Steve B.</p>	<p>18</p>
<p>23 9:30 - Devotions 10:15 - Yoga with Moira 11:00 - Bingo 1:45 - Tea Party / Volunteer Appreciation 3:00 - Craft & Connect, Knitting Club</p>	<p>24 9:30 - Devotions 10:15 - Exercises 11:00 - Mental Aerobics 1:45 - Music w/ Ron O.</p>	<p>25</p>
<p>30 9:30 - Devotion 10:15 - Exercises 11:00 - Ring Toss 1:30 - Heart Pharmacy Talk 3:00 - Craft & Connect, Knitting Club</p>		

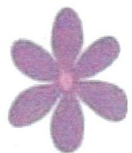


SPRING

WORD SEARCH



A F L Y D N I W S B B R W Q M
 R X S F C O V O L U L J W U S
 E T I K D J S U O T N O K F E
 Q N E D R A G K B T E X O I E
 I P F N H P S L V E X E Z M D
 D C C U I H M Q O R J P U F S
 Y E U X K H T P S F E S L L X
 E J S U G U S P V L O O M A V
 B R E V C L N N S T Y C H I W
 O A W Y A M P J U E T P T E Y
 G I T L I R P A R S Z Y P E N
 G N I R P S M S E E T R K R N
 E C Z M R A W N E B E F A X U
 V T T P N O B X H J H G U M B



APRIL
 BLOOM
 BUNNY
 BUTTERFLY
 FLOWERS



GARDEN
 KITE
 MAY
 NEST
 RAIN



SEEDS
 SPRING
 SUNSHINE
 WARM
 WINDY



SECOND FLOOR ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>Main Floor Lounge Programs</p> <p>Dave W - 2nd floor Activity Worker</p>			<p>1</p> <p>9:30 - Devotions 10:00 - Crosswords 2:00 - Skee Ball 4:00 - Trivia</p>
<p>5 Happy Easter 10:00 - Sunday Service</p> <p>Live Lutheran Church TV Broadcast with Communion</p>	<p>6</p> <p>10:00 - Crosswords 11:00 - Piano w/ Saul 2:00 - Trivia</p> 	<p>7</p> <p>9:30 - Devotions 2:30 - Choir Practice</p>	<p>8</p> <p>9:30 - Devotions 1:45 - Music w/ Alyssa</p>
<p>12</p> <p>10:00 - Sunday Service</p> <p>Live Lutheran Church TV Broadcast with Communion</p>	<p>13</p> <p>9:30 - Devotions 10:00 - Crosswords 10:15 - Catholic Communion 1:45 - Victoria Brass Band 3:00 - Living With Loss</p>	<p>14</p> <p>9:30 - Devotions 10:10 - Coffee w/ Kevin 2:30 - Choir Practice</p>	<p>15</p> <p>9:30 - Devotion</p>
<p>19</p> <p>10:00 - Sunday Service</p> <p>Live Lutheran Church TV Broadcast with Communion</p>	<p>20</p> <p>9:30 - Devotions</p>	<p>21</p> <p>9:30 - Devotions 2:30 - Choir Practice</p>	<p>22</p> <p>9:30 - Devotions 1:45 - Music w/ Steve B.</p>
<p>26</p> <p>10:00 - Sunday Service</p> <p>Live Lutheran Church TV Broadcast with Communion</p>	<p>27</p> <p>9:30 - Devotions 1:45 - Piano w/ Jesse B</p>	<p>28</p> <p>9:30 - Devotions 10:00 - Crosswords 1:45 - Tales From The Vinal Cafe 2:00 - Jazz Coffee Café All Staff Welcome 4:00 - Trivia</p>	<p>29</p> <p>9:30 - Devotions 10:00 - Crosswords 10:00 - Staff Forum 2:00 - Skee Ball 4:00 - Trivia</p>

APRIL 2026

THURSDAY	FRIDAY	SATURDAY
<p>2</p> <p>9:30 - Maundy Thursday Communion 10:00 - Crosswords 1:30 - Piano w/ Jesse B. 3:00 - Craft & Connect, Knitting Club 4:00 - Trivia</p>	<p>3</p> <p>10:00 - Good Friday Service 10:30 - Maudie's Music 2:00 - Trivia</p> 	<p>4</p> <p>9:30 - Sunroom Devotions 2:30 - Pats Dog Visit</p>
<p>9</p> <p>9:30 - Devotion 10:30 - Maudie's Music 2:30 - Oasis Society Crafts 3:00 - Knitting Club 4:00 - Trivia</p>	<p>10</p> <p>9:30 - Devotions 10:30 - Maudie's Music</p>	<p>11</p> <p>9:30 - Sunroom Devotions 2:30 - Pat Dog Visit</p>
<p>16</p> <p>9:30 - Communion 10:30 - Maudie's Music 3:00 - Craft & Connect, Knitting Club 4:00 - Trivia</p>	<p>17</p> <p>9:30 - Devotions 10:30 - Maudie's Music 1:45 - Music w/ Steve B.</p>	<p>18</p> <p>9:30 - Sunroom Devotions 2:30 - Pats Dog Visit</p>
<p>23</p> <p>9:30 - Devotions 10:30 - Maudie's Music 1:45 - Bingo 1:45 - Tea Party / Volunteer Appreciation 3:00 - Craft & Connect, Knitting Club 4:00 - Trivia</p>	<p>24</p> <p>9:30 - Devotions 10:30 - Maudie's Music 2:00 - Trivia</p>	<p>25</p> <p>9:30 - Sunroom Devotions 10:00 - Crosswords 1:45 - Music w/ Mark D. 2:30 - Pats Dog Visit</p>
<p>30</p> <p>9:30 - Devotions 10:30 - Maudie's Music 1:45 - Dave's Work Shop Masks 3:00 - Craft & Connect, Knitting Club 4:00 - Trivia</p>		

THIRD FLOOR ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
Main Floor Lounge Programs Sai W. - 3rd floor Activity Worker			1 9:30 - Devotions 10:15 - Exercises 11:00 - April Fools Bingo 3:00 - Poker
5 Happy Easter 10:00 - Sunday Service 10:30 - Hymn Sing 1:30 - Jeopardy	6 No Activities 11:30 - Piano w/ Saul	7 9:30 - Devotions 10:15 - Hula w/ Tina 2:30 - Choir Practice	8 9:30 - Devotions 10:15 - Exercises 1:45 - Music w/ Alyssa 3:00 - Poker
12 10:00 - Sunday Service 10:30 - Hymn Sing 1:30 - Jeopardy	13 9:30 - Devotions 10:15 - Exercises 10:15 - Catholic Communion 1:45 - Victoria Brass Band 3:00 - Living With Loss	14 9:30 - Devotions 10:10 - Coffee w/ Kevin 10:15 - Hula w/ Tina 2:30 - Choir Practice	15 9:30 - Devotions 10:15 - Exercises 3:00 - Poker
19 10:00 - Sunday Service 10:30 - Hymn Sing 1:30 - Jeopardy	20 9:30 - Devotions 10:15 - Exercises	21 9:30 - Devotions 10:15 - Hula w/ Tina 2:30 - Choir Practice	22 9:30 - Devotion 10:15 - Exercises 1:45 - Music w/ Steve B. 3:00 - Poker
26 10:00 - Sunday Service 10:30 - Hymn Sing 1:30 - Jeopardy	27 9:30 - Devotions 10:15 - Exercises 1:45 - Piano w/ Jesse B.	28 9:30 - Devotions 10:15 - Hula w/ Tina 2:00 - Jazz Coffee Café All Staff Welcome	29 9:30 - Devotions 10:00 - Staff Forum

APRIL 2026

THURSDAY	FRIDAY	SATURDAY
2 9:30 - Maundy Thursday Communion 10:15 - Exercises 1:30 - Piano w/ Jesse B. 3:00 - Craft & Connect, Knitting Club	3 10:00 - Good Friday Service 	4 3:00 - Pet Therapy Visits
9 9:30 - Devotions 10:15 - Exercises 2:30 - Oasis Society Crafts 3:00 - Craft & Connect, Knitting Club	10 9:30 - Devotions 10:15 - Exercises	11 3:00 - Pet Therapy Visits
16 9:30 - Communion 10:15 - Exercises 3:00 - Craft & Connect, Knitting Club	17 9:30 - Devotion 10:15 - Exercises 1:45 - Music w/ Steve B.	18 3:00 - Pet Therapy Visits
23 9:30 - Devotions 10:15 - Exercises 1:45 - Tea Party / Volunteer Appreciation 3:00 - Craft & Connect, Knitting Club	24 9:30 - Devotions 10:15 - Exercises	25 3:00 - Pet Therapy Visits
30 9:30 - Devotions 10:15 - Exercises 3:00 - Craft & Connect, Knitting Club		

where
stories are
celebrated



**You are invited to
A tea party in honour of YOU!**

Join us during National Volunteer Week for an inspirational afternoon in celebration of you: our volunteers and storytellers. Award-winning author & oral historian, Robert 'Lucky' Budd will help highlight the power of stories.

Because every story matters.

Thursday,
April 23

Keynote Speaker:
Robert 'Lucky' Budd

1:45pm -
3:00pm

Luther Court Main Lounge
1525 Cedar Hill Cross Road



Together, we will celebrate the impact of Luther Court's Legacy Stories – Passing it Forward Project, generously sponsored by Canada's New Horizons for Seniors Program.

Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada

Luther Court
SOCIETY

legacy
stories

Safety, Connection & Care

Your Choices, Your Voice: Person-Centred Care at Our Home

Here at our home, you are at the centre of everything we do. We want your days to reflect what matters most to you—your routines, your preferences, and your interests.

Every day, you have choices that help you feel independent and in control. You decide what time you wake up, what to eat, which activities to join, and how to spend your free time. Even small decisions—like choosing a favorite outfit or a preferred spot to sit—make a big difference in how comfortable and happy you feel.

We also make sure your dignity is respected in everything we do. Privacy, kindness, and understanding guide how we care for you. From personal care to everyday interactions, our goal is that you feel valued, respected, and comfortable in your home.

Your voice matters. We want to hear your ideas, feedback, and wishes. Whether it's through care planning meetings, casual conversations with staff, or suggestions for activities, your input helps us shape care and programs that truly fit your needs and interests.

Here are some ways we put your choices into action at our home:

Meal preferences: You can choose what to eat at every meal. If you want a snack at a different time, we do our best to make it happen.

Activity choices: Whether you enjoy arts and crafts, music, fitness classes, or quiet reading, you can pick which activities you join.

Personal routines: You can decide when to get up, to go to an activity, or rest, so your day feels comfortable and familiar.

Celebrating life: We encourage residents to share birthdays, cultural traditions, or personal milestones, and we tailor events and decorations to reflect what matters to you.

We understand that everyone is different, and your care plan should reflect your life, not just your medical needs. Our staff work together to make sure your care, activities, and daily routines are tailored to what makes you feel happy and secure.

At the heart of our home is person-centred care—care that listens to you, respects your choices, and supports you in living each day the way you want. Because here, it's not just about care—it's about your life, your comfort, and your joy.

Carmen S.

Interdenominational Worship Services

ROMAN CATHOLIC COMMUNION

Communion offered 1:1 once a month.

April 13th - 10:15am

Contact Spiritual Caregiver Ed to be added to the list Chell

ANGLICAN COMMUNION

St. Luke's website: www.stlukesvictoria.ca

LUTHERAN CHURCH SERVICE

Church of the Cross website:

www.lutheranvictoria.ca

FOOT CARE

For information on foot care services offered, please contact the Wellness Clinic

WELLNESS CLINIC

Monday to Friday: Drop-in

VOLUNTEER OPPORTUNITIES

If you or someone you know would like to volunteer please talk to **Ed Chell**

Spiritual Caregiver
Coordinator of Volunteers
250 - 477 - 7241 ext. 223

LCS CONTACT INFORMATION

Carolyn Hoekstra

Director of Care and Community
250 - 477 - 7241 ext. 228



THE GARDEN CAFÉ

LUNCH: Mon - Sun

11:30am to 1:00pm

Soups, Salads, Sandwiches and more.

DINNER: Mon - Sun

Doors open at 4:45pm, meals served at 5:00pm

Meals are prepaid & pre-ordered

Cost: \$14.00

GAZEBO GIFTS & SWEETS

Crafts, Novelties, Candy, & Toiletries are available at a weekly trolley service

HAIR SALON

Wednesdays & Thursdays 9:00am to 2:00pm

Booking is advised 250-477-7241 ext. 233

***Drop-ins may be accommodated**

CLOSED APRIL 23 - MAY 10



FIND 5 DIFFERENCES

